



Long term plan for Mental Health in the NHS

1. Introduction

At the 70th anniversary of the NHS, it is right that the country has the opportunity to recommit to the service.

The government have announced a financial settlement which represents a clear gear change in the amount of funding that will be available over the next five years for the NHS. This means we can do more than stand still, and that we can make sensible phased improvements to deliver a sustainable NHS for the future.

As a result of our hard working staff, the contributions of service users and the investment and objectives set out in the Five Year Forward View for Mental Health, by the end of 2020/21, one million more people of all ages will have access to high quality care for their mental health needs.

The transformation of mental health services that is necessary to address significant unmet demand cannot be delivered overnight but we've made important progress, with investment in mental health rising faster than increases in other areas of the health budget and starting to deliver better outcomes for more people. In the past year alone, we've seen a record high recovery rate for people with depression and anxiety, 7,000 extra women getting perinatal mental health care, and thousands more children getting timely help with eating disorders.

However, there remains a long way to go and making parity between mental and physical health a reality will take time. Our goal post-2021 remains to deliver world-class mental health care, which will mean going even further to improve access to high-quality care for our mental health needs, integrate services and focus on improving the outcomes for everyone who uses our services. We can't tackle mental ill health in isolation though. Every part of society has a role to play with schools, councils and employers needing to step up.

A five year funding settlement, mapped to a ten year plan, gives us a once in a lifetime opportunity to get a number of challenging questions right. We would be delighted to hear from you, your organisation and your networks about how we should address these challenges. So please share this survey with anyone you think might want to have their say too.

The deadline to provide feedback is **Sunday 16th September 2018**.

2. Who are you filling this in as?

I am filling this in as: *

- A current or previous user of mental health services
- A carer of someone who is using or has previously used mental health services
- A member of the public
- A health professional (please indicate job role):

Other stakeholder (please specify):

3. Long terms plans for mental health in the NHS

1. What are your top three priorities for meeting the mental health needs of people of all ages in England over the next five to ten years?

1.

2.

3.

2. What gaps in service provision currently exist, and how do you think the NHS should address them?

	Gap in service provision	How should the NHS address this?
1.	<input type="text"/>	<input type="text"/>
2.	<input type="text"/>	<input type="text"/>
3.	<input type="text"/>	<input type="text"/>
4.	<input type="text"/>	<input type="text"/>
5.	<input type="text"/>	<input type="text"/>

3. People with physical health problems do not always have their mental health needs addressed; and people with mental health problems do not always have their physical health needs met. How do you think we can improve this?

4. There are some significant inequalities in how people access and experience care for their mental health needs, and in their outcomes, including but not limited to people who have 'protected characteristics' under the Equality Act 2010. What are your views on what practical steps the NHS should take to address inequalities in the services it provides?

5. How best can we bridge the gap between children's and adults' mental health services?

6. How can we recruit, train and retain the workforce to deliver the changes we need, particularly to meet your priorities from Question 1?(Please enter your priority from the first question in the first column and then your answer to this question in the second column)

	Priority (from Question 1)	How can the workforce meet this priority?
1.	<div style="border: 1px solid #add8e6; height: 30px;"></div>	<div style="border: 1px solid #add8e6; height: 30px;"></div>
2.	<div style="border: 1px solid #add8e6; height: 30px;"></div>	<div style="border: 1px solid #add8e6; height: 30px;"></div>
3.	<div style="border: 1px solid #add8e6; height: 30px;"></div>	<div style="border: 1px solid #add8e6; height: 30px;"></div>

7. Do you think the NHS should be doing more to prevent mental ill-health? If so, what should we do to improve this?

8. Do you think the NHS could do more to intervene early for people with mental ill-health? If so, are there any mental health problems we should prioritise to provide better early intervention?

9. People with more serious and complex mental health problems do not always receive the care they need. Which groups would you prioritise and what extra help would you like to see developed by the NHS?

10. Are there examples of innovative/excellent practice (in mental health care or that could be applied from other areas) that you think could be scaled-up nationally to enhance the quality of care people receive for their mental health, reduce costs and/or improve efficiency of delivery?

11. What do you think are the specific challenges that will prevent the NHS from being able to deliver good mental health care, and what should we do to overcome them?*

Whilst the importance of developing NHS services that promote prevention and are fully integrated with all of the relevant services (e.g. social care, employment and housing support) will be a key component of developing the Long Term Plan for the NHS, Local Authority budgets and the budget for Public Health England are not within the scope of the funding settlement for the NHS. We do, however, acknowledge the interdependencies of the health, community and social sectors; and will be sharing feedback with partners to your ideas can be heard.

	Challenges	How can the challenge be overcome?
1.	<input type="text"/>	<input type="text"/>
2.	<input type="text"/>	<input type="text"/>
3.	<input type="text"/>	<input type="text"/>
4.	<input type="text"/>	<input type="text"/>
5.	<input type="text"/>	<input type="text"/>

12. Is there anything else you think we need to consider when considering developing mental health services across England?

4. Find out more

Please share your contact details below if you would like to receive a copy of the engagement report and see what people have said. Your details will be stored in our system securely for one year and will only be used for the above purpose and any updates regarding this project.

13. What are your contact details?

Please note that you do not have to fill in your personal details to complete this survey. Your personal information will be kept separate from the answers and your response to the questions will be anonymous.

Please be aware that if you provide us with personal information in your answers it may mean that your survey answers are no longer anonymous.

Name	<input type="text"/>
Address	<input type="text"/>
Email	<input type="text"/>
Telephone	<input type="text"/>
GP practice	<input type="text"/>

14. If you would like to find out more about any future changes to your local health services please tick this box to join the NHS Leeds CCG Network. Please make sure you have provided us with contact details above so we can get in touch.(if you tick the box below, we will be in contact with you shortly after the engagement has closed)

I would like to find out more about future changes to my local health services

5. Equality monitoring

It would be helpful if you could share some information with us so we can ensure we are hearing from a range of people who access health care in Leeds. Your information will be treated confidentially and individual information will not be shared or published

15. Please tick here if you would prefer not to answer any of the equality monitoring questions

I would prefer not to answer any of the equality monitoring questions

16. What is the first part of your postcode? e.g. LS28, LS13

17. What is your age?

- Under 16
- 16-25
- 26-35
- 36-45
- 46-55
- 56-65
- 66-75
- 76-85
- 86+
- Prefer not to say

18. Are you disabled? (The Equality Act 2010 defines disability as 'a physical, sensory or mental impairment which has, or had a substantial and long-term adverse affect on a person's ability to carry out normal day to day activities'.)

- Yes
- No
- Prefer not to answer

19. If yes, what type of impairment? (tick all that apply)

- Long standing illness
- Physical impairment
- Learning disability
- Mental health condition

Hearing impairment (such as deaf or hard of hearing)

Visual impairment (such as blind or partially sighted)

Prefer not to answer

Other (please specify):

20. What is your ethnic background?

White British

White Irish

Gypsy and Irish Traveller

Mixed White & Black Caribbean

Mixed White and Black African

Mixed White & Asian

Asian/Asian British Indian

Asian/Asian British Pakistani

Asian/Asian British Bangladeshi

Black/Black British Caribbean

Black/Black British African

Chinese

Arab

Prefer not to answer

Other (please specify):

21. What is your gender?

Female

Male

Non-binary (any gender identity which doesn't fit the male and female binary)

Prefer not to say

22. Is your gender identity different to the sex you were assumed to be at birth?

Yes

No

Prefer not to say

23. Pregnancy and maternity (The Equality Act 2010 protects women who are pregnant or have given birth within a 26 week period)

	Yes	No	Prefer not to say
Are you pregnant at this time?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you recently given birth (within a 26 week period)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

24. What is your religion or belief?

- Buddhism
- Christianity
- Hinduism
- Islam
- Judaism
- Sikhism
- No religion
- Prefer not to say
- Other (please specify):

25. What is your sexual orientation?

- Heterosexual/straight (opposite sex)
- Lesbian/gay woman (same-sex)
- Gay man (same-sex)
- Bisexual (both sexes)
- Prefer not to say
- Other (please specify):

26. What is your relationship status?

Marriage/civil partnership

Live with partner

Single

Widowed

Divorced

Prefer not to say

Other (please specify):

27. Are you a carer?

Yes

No

Prefer not to say