

GP APPOINTMENT?
CAN'T MAKE IT?
DON'T NEED IT?

CANCEL IT!

NHS

Don't Forget...

Forgetting to cancel your
unwanted GP appointment
**prevents someone else
from being seen.**

Turn over to find out how you can help.

GP APPOINTMENT?
CAN'T MAKE IT?
DON'T NEED IT?

CANCEL IT!

NHS

Three things you can do to help:

01



Cancel your appointment by giving your GP practice a call or by visiting their website.

02



Make sure all of your details are up-to-date next time you visit your GP - that way they can send you text or email reminders.

03



Put the date in the diary or an alert in your phone so you definitely won't forget!

#IWontForget