Improving the health and wellbeing of our communities

About us
Who we are, what we do and our plans
Our job is to make sure we understand the health needs of local people and we use the funds given to us by NHS England to buy services which will meet those needs.
NHS Leeds South and East Clinical Commissioning Group (CCG) is one of three CCGs in Leeds. We plan and buy (commission) health services for 260,000 people in our local area as well as working with partners across Leeds to tackle the main health issues affecting the population.

**Our Local Health Challenges**

- **The number of children is higher than the rest of the city and the birth rate is going up.**
- **More than 25% of people have an existing health problem, above the national average.**
- **The number of people over the age of 50 is going up.**
- **More babies die in their first year of life in Beeston and Holbeck than in the rest of the city.**
More people have lung diseases than the Leeds average.

There are high numbers of people with diabetes.

More people have mental health problems than in the rest of the city, above the national average.

More people have coronary heart disease than in the rest of the city.

More people will be diagnosed with dementia in the future.

More people smoke than in the rest of the city and die from smoking.

Alcohol is an increasing problem – a high number of people are living with and dying from alcohol related problems.
I’m proud to be the Chair of NHS Leeds South and East CCG. I know everyone at the CCG works hard to make sure that local people can receive the health services you need at a place and time that is convenient to you.

It’s not always easy to understand how the NHS works. When you’re a patient, you are just concerned with how you get help, and rightly so. I hope you’ll just take a few minutes of your time to look at this report where we’ll explain a little more about who we are, what we do, where we fit in with the rest of the health and social care services and how you can help us to help you better.
Doctors making decisions about your health services

We’re one of the CCGs to have a GP as the chief officer. We’re proud of this because we think it’s important that a doctor, working with experienced senior managers and other clinicians, leads the decision-making process about health services for local people.

I lead a team of doctors, nurses, public health specialists and managers and work with a whole range of people including the local authority and Third Sector organisations.

We work together to understand what kinds of services local people need and how they can best be met, whether it’s hospital services, care and treatment near to people’s homes, or services provided by GPs in local surgeries.
What the NHS looks like and where we fit in

We work with many different organisations, locally, regionally and nationally. We also work closely with the other two NHS CCGs in Leeds, not only to buy health services, but also to plan how they are run, to make sure they meet the needs of local people in the most effective way possible with the funding and resources available.

Each CCG buys some services on behalf of the whole city. At NHS Leeds South and East CCG, we commission:

- Children’s healthcare, including children’s mental health and maternity services
- Community health services from Leeds Community Healthcare NHS Trust
- Continuing health services
- Safeguarding children and adults
- Some services with social care, for example community beds.
The local NHS and care services – who does what

When you’re a patient, it can be confusing to understand who does what. Here’s a very simple guide. If you are reading this online, click on the links for further information.

- **Leeds South and East Clinical Commissioning Group**
  - Buys and plans services for 260,000 people

- **The Leeds Teaching Hospitals NHS Trust**
  - Provides hospital services

- **Leeds and York Partnership NHS Trust**
  - Provides mental health services

- **Leeds Partnerships NHS Foundation Trust**
  - Provides community services

- **Leeds Community Healthcare NHS Trust**
  - Provides mental health services

- **Third Sector Charities and community organisations who provide services**

- **NHS England**
  - Funds CCGs as well as buying and planning specialised services

- **Public Health England**
  - The local team, based with Leeds City Council, provides expertise and advice

- **Yorkshire Ambulance Service NHS Trust**
  - Provides emergency ambulances and patient transport

- **Healthwatch Leeds**
  - Helps bring the patient voice to those who plan and deliver services

- **Private sector**
  - Some services are provided for the NHS by the private sector, for example nursing
In 2015-16, NHS England allocated us over £362 million.

From April 2016, we also fund GP Practices directly and receive extra money from NHS England to do this.
Some people’s health and wellbeing is worse because there are unfair differences in relation to their ability to access services, understanding of health and where or how they live their lives. This leads to inequalities in health.

The differences in how people live might be unemployment, low or no income, living in poor housing conditions and difficult family circumstances.

Factors that may affect an individual’s ability to access services may include being unable to read or being unable to communicate in English.

The CCG commissions services and carries out regular activity and campaigns and in our local communities with the aim of reducing inequality. You can find out more about these on pages 14-16.
We make sure that quality and safety are at the heart of all we do. There are very strict standards set by organisations such as the Care Quality Commission, as well as NHS England.

There are also national reviews which set new standards which we make sure we follow.

Feedback from patients on their experience of health services is taken very seriously. We use it to make sure that those services are improved.

We look at complaints against NHS organisations including hospitals.

The CCG has to make important decisions about buying and changing health services. It is allocated a lot of public money which must be spent wisely and properly, whether it’s on health services, staff, or equipment.

As a lay member, which means I am not a member of staff, I take an independent view. I chair the Audit and Governance committee which looks very carefully at how we spend our money and makes sure that the CCG is held to account for how it makes these decisions.
Involving patients and the public

Listening to local people and sharing our plans at out Patient Engagement Network meetings

Speaking to local smokers to find out what would help them to stop

Young people and their parents testing out our MindMate website and other resources for young mental health support

Our Annual General Meeting with a mini version for young people in 2015

Sixth formers telling us how they would spend the CCG’s money during Children’s Takeover Day

The CCG is here to understand what health services local people need and to then buy those services within the resources we have available. I help make sure the CCG listens to and acts on the voices of patients, the public and other stakeholders. For more information on how we do this, please see page 19.

Gordon Tollefson
Lay Member
Patient and Public Involvement
We have a number of GPs working with the CCG as part of the management and executive team. Our experience and knowledge of healthcare and patient needs help to inform the plans and decision-making for buying health services.

There are 42 practices in the Leeds South and East area, each practice has a say in how we design and deliver those services through our Council of Members.
Our Governing Body

Philip Lewer  
Lay Chair

Dr Andy Harris  
Clinical Chief Officer

Mark Bradley  
Chief Finance Officer

Matt Ward  
Chief Operating Officer

Maureen Kelly  
Acting Director of Nursing, Quality and Corporate Affairs

Victoria Eaton  
Public Health Consultant

David Mitchell  
Secondary Care Consultant

Dr Dave Mitchell  
Medical Director and Prescribing Lead

Dr Ben Browning  
GP Non Executive Director

Dr Helen Haywood  
GP Non Executive Director

Dr Arshad Rafique  
GP Non Executive Director

Dr Amal Paul  
GP Non Executive Director

Gordon Tollefson  
Lay Member (Patient and Public Involvement)

Brian Roebuck  
Lay Member (Governance and Audit)

Cath Roff  
Director of Adult Social Services

Who we are, what we do and our plans
Improving health and wellbeing
We fund services, support and campaigns to help people improve their health and wellbeing. Here are a few recent examples.

Campaigns

- Encouraging people to take the bowel cancer screening test
- Poet Ian McMillan supporting our bowel cancer screening helper kits
- Telling people about Leeds Stop Smoking Service
- Working with the Black Health Initiative to raise awareness about prostate cancer
- Promoting our new MindMate website for young people’s mental health
- Offering walk in chest x-rays to people who have had a cough for three weeks or more

The full Annual Report and Accounts 2015/16 is on our website.
Improving health and wellbeing

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Schemes and services

First aid training for parents of babies and small children. More than 900 parents have been trained.

Connecting people to support and community activity for health and wellbeing. Hundreds of people supported so far.

Extra funding for mental health support for children and young people, in the NHS and schools.

Third Sector Grant Scheme – 48 health grants awarded to local charities and support groups.

Extra money to help prevent and stop alcohol or drug misuse.

Thousands of extra appointments on evenings and weekends at our GP practices.

The full Annual Report and Accounts 2015/16 is on our website.
Our plans for the next two years

We will focus on helping health care professionals work together, providing care closer to people's homes, and making sure services are value for money.

Rapid advice for GPs - a telephone advice line linking GPs and hospital consultants, ensuring the right patients are receiving the right kind of care.

New Models of Care - delivering person-centred care closer to home, bringing people with a wide-range of skills together to support local communities.

Supporting patients to stop smoking.

Cancer prevention awareness.

Supporting older people in the community - working with Leeds Older People’s Forum, support lonely elderly patients living with frailty.

The full Two-Year Operational Plan 2016/17-2017/18 is on our website.
Our trained pharmacists work closely with our GPs and practice staff to make sure patients get the best from their medicines and they are not wasted.

We work with GPs to change prescriptions for people with long term and complex conditions, if their medications don’t work properly or cause harmful side effects. This improves people’s health and means some may not need to go to hospital.

Unused medicines in Leeds South and East cost around £1.5 million every year. By making sure patients are getting the right medicines and are taking them properly, and improving ordering systems, waste was cut by more than £500,000 in 2015/16.
How you can be involved

Consultations/Engagement
Join in any of our regular consultations or activities both in our area and across the city.

Healthwatch Leeds
Healthwatch Leeds helps local people to have their say about the delivery and design of health and social care services.

Get in touch
Stay up to date with our work and feedback your views via our website and social media. See the next page for details.

Mailing List
An opportunity for the CCG to listen to our local population’s health needs and to share our ideas. Join our mailing list and we will keep you up to date.

Neighbourhood Leader Group
The NLG provides a way of connecting local community voices to the work of the CCG.
This leaflet includes just some of the highlights from the full Annual Report and Accounts 2015/16 and our Operational Plan 2016/17 - 2017/18. If you want to find out more about our work you can read the full reports which are available on our website:

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Jeżeli niniejsze informacje są potrzebne w innym języku lub formacie, proszę o kontakt pod nr tel. 0113 8431730 lub e-mail lseccg.comms@nhs.net