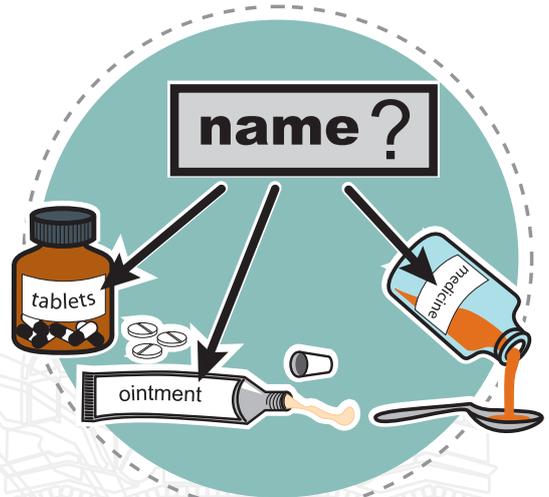




# Changing the way we prescribe in Leeds



gluten free foods

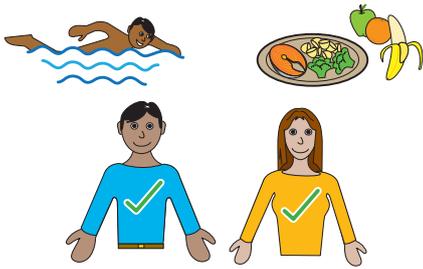


branded medicines



over the counter medicines

# Changing the way we prescribe in Leeds



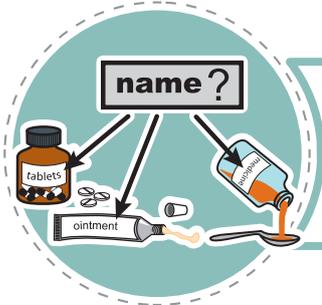
We are always looking for ways of helping people in Leeds to stay healthy and well.



We would like to know what you think about prescriptions for



Gluten free foods

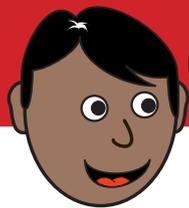


Branded medicines

We also want to know what you think about



Over-the-counter medicines.  
This is when you buy medicine without a prescription.



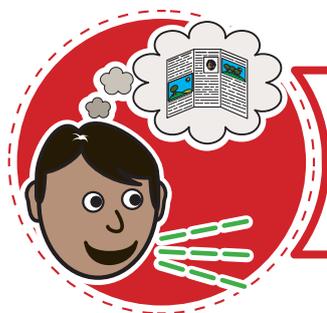
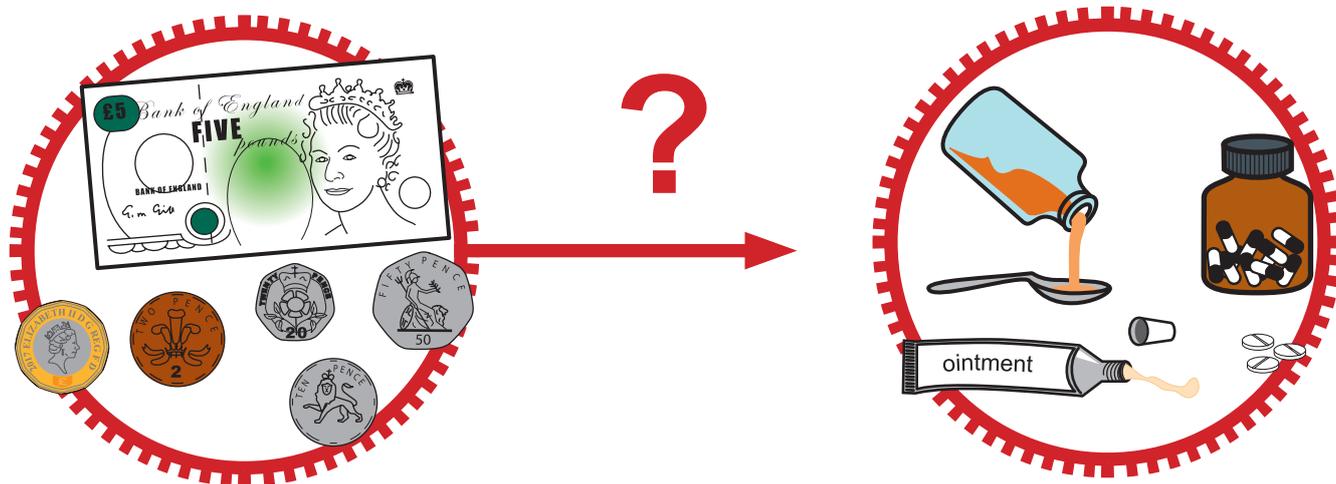
## Why do we want to know this?



We spend a lot of money each year to help people stay healthy. We need to make sure that we spend this money on the right things.



A lot of the money we spend goes on providing medicines. Many of these medicines can now be bought in shops. Because of this we want to change what medicines are provided by the NHS.



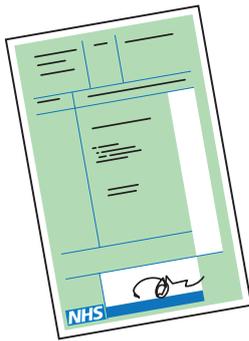
The next few pages tell you what we are planning to change and give you the chance to have your say.



## Gluten free foods



It used to be very hard to find gluten free foods so for a long time the NHS has given people prescriptions if they have to eat gluten free food.



Now it is easy to find gluten free food so we think it might be time to stop giving people prescriptions for gluten free food.

About 900 people in Leeds get prescriptions for gluten free food.



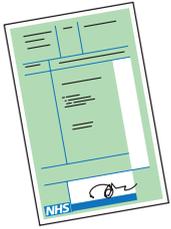
Stopping these prescriptions would save about £450,000 a year in Leeds.



This does not mean that prescriptions for gluten free foods will never be given. It will depend on what the person prescribing thinks is the best choice.



## Gluten-free food survey

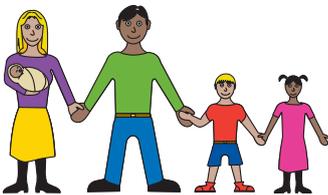


Do you receive gluten free prescriptions?

yes



no



Does someone you care for/  
look after receive a gluten  
free prescription?

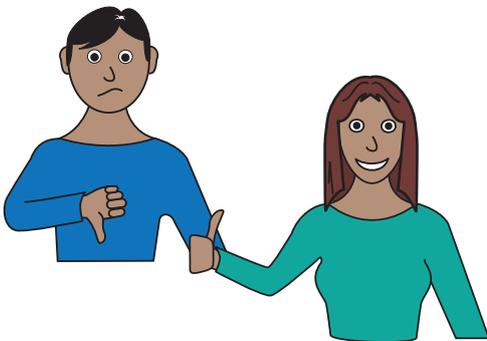
yes



no



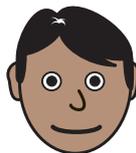
How much do you agree or disagree with the plan to not routinely  
prescribe gluten free products?



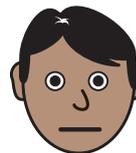
strongly  
agree



agree



don't know



disagree



strongly  
disagree

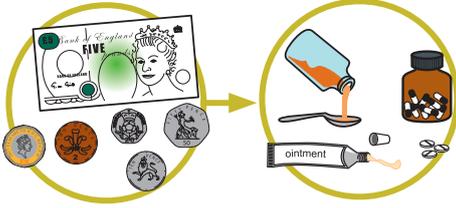


Please tell us more about your answer:

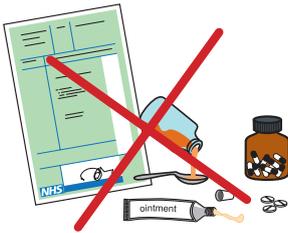




## Over-the-counter medicines



There are lots of medicines that you can buy without a prescription.



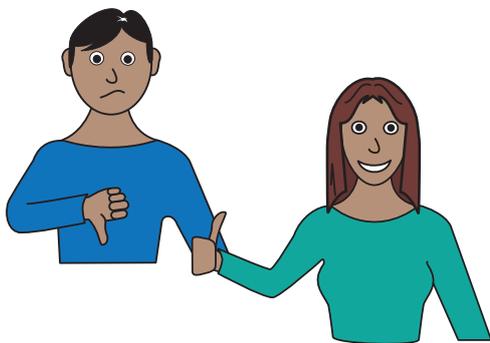
Stopping these prescriptions could save £1 million a year in Leeds.

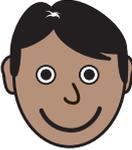
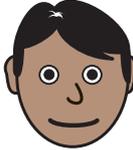
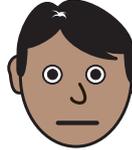


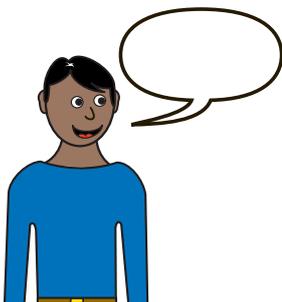
This does not mean that prescriptions for medicines that can be bought over the counter will never be given. It will depend on what the person prescribing thinks is the best choice.

## Over-the-counter medicines survey

How much do you agree or disagree with the proposal to not routinely prescribe certain products that can be bought over-the-counter at a chemist or supermarket?

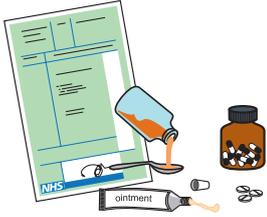
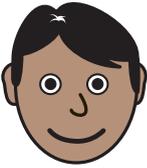
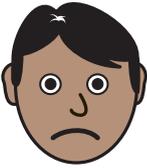
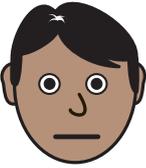
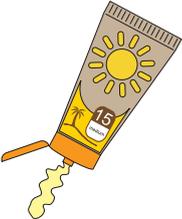
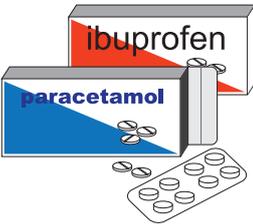


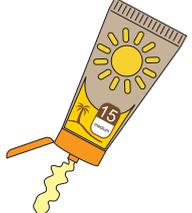
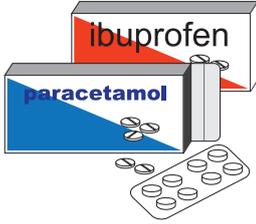
strongly agree	agree	don't know	disagree	strongly disagree
				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

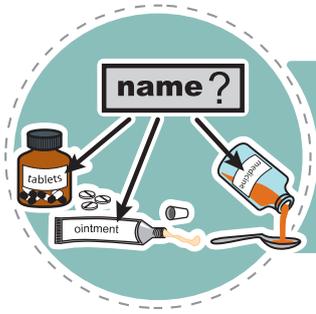


Please tell us more about your answer:

The following items can be bought in most supermarkets and/or pharmacies.

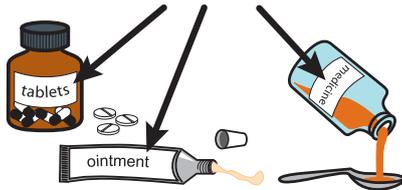
 <p><b>Do you think these items should be available on prescription?</b></p>	<p>yes</p> 	<p>no</p> 	<p>don't know</p> 
 <p>Sunscreens for skin protection from UV radiation</p>			
 <p>Multivitamins (including vitamin D) except where deficiency has been diagnosed</p>			
 <p>Camouflage products e.g. for port wine stain birthmarks</p>			
 <p>Moisturisers and bath remedies for mild dry skin</p>			
 <p>Painkillers (such as paracetamol and ibuprofen), except when treating a long-term condition</p>			

 <p>Do you or someone you care for have any of these items prescribed?</p>	<p>myself</p> 	<p>someone else</p> 
 <p>Sunscreens for skin protection from UV radiation</p>		
 <p>Multivitamins (including vitamin D) except where deficiency has been diagnosed</p>		
 <p>Camouflage products e.g. for port wine stain birthmarks</p>		
 <p>Moisturisers and bath remedies for mild dry skin</p>		
 <p>Painkillers (such as paracetamol and ibuprofen), except when treating a long-term condition</p>		

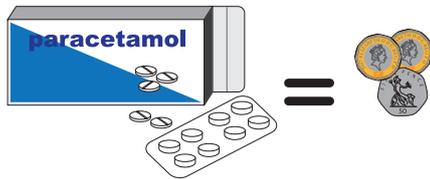


## Branded medicines

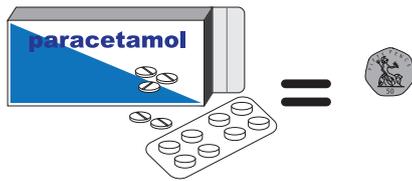
name?



The names of medicines can be confusing. The same medicine can sometimes be called different things. Many medicines have two names. Both do the same thing, but the people that make them give it a different name.



It is similar to buying branded goods or a supermarket's own label. Both do the same job and usually have the same ingredients, but the supermarket's own version is usually cheaper.



Branded medicines can cost the NHS up to 56 times more than non-branded medicines.



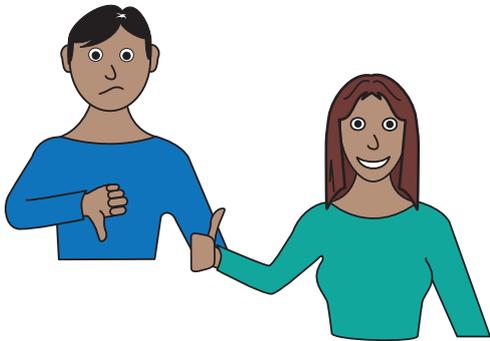
Only prescribing non-branded medicine when we can could save £130,000 a year in Leeds.

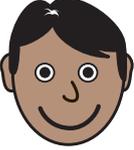
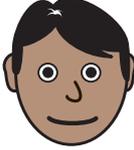
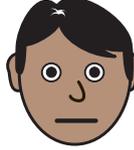
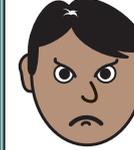


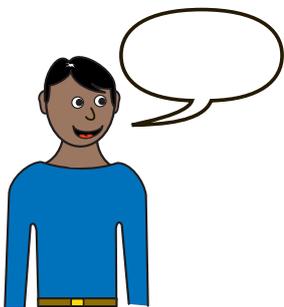
This does not mean that prescriptions for branded medicines will never be given. It will depend on what the person prescribing thinks is the best choice.

## Branded medicines survey

How much do you agree or disagree with the proposal to not routinely prescribe branded medicines when a non-branded equivalent is available?



strongly agree	agree	don't know	disagree	strongly disagree
				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Please tell us more about your answer:



# Your views



We would welcome any thoughts or suggestions you have.



Which one of the following statements do you agree with most?

Please tick only one answer 

**NHS**



The NHS should provide the most effective drugs and treatments only if they represent good value for money

**NHS**

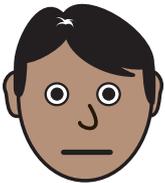


The NHS should provide only the most effective drugs and treatments, whatever they cost

**NHS**



The NHS should provide all drugs and treatments no matter what they cost



I don't know



Which statements apply to you?

Please tick **ANY** answer 



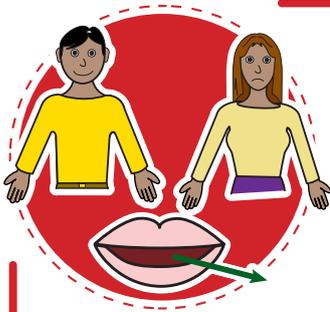
I do not receive any of these items but am an interested patient



I am a healthcare professional responding in a professional capacity



Other, please specify



Do you wish to make any other comments?

# Equality Monitoring form



If you would like to find out the outcome of this engagement and would like to receive information about future changes to the NHS in your local area please share your contact details below.

Name  
Address

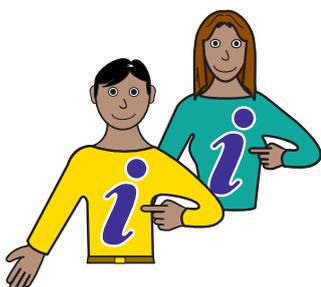


Postcode

Email



GP practice



In order to ensure that we provide the right services and to ensure that we avoid discriminating against any section of our community, it is important for us to gather the following information. The details you provide will be kept confidential. No personal information will be shared and your information will be protected and stored securely in line with strict data protection rules.

# Equality Monitoring form

This section is optional. Please tick 'Prefer not to say' if there are any questions you do not wish to answer.



**What gender are you?**



Female



Male

Prefer not to say

**Transgender - is your gender identity different to the sex you were assumed to be at birth?**



Yes



No

Prefer not to say



**Are you disabled?**

(The Equality Act 2010 defines disability as 'a physical, sensory or mental impairment which has substantial and long-term adverse effect on a person's ability to carry out day today activities'.)



If yes what type of impairment. Tick all that apply.

Mental Health condition

Long-standing illness

Physical or mobility Visual

Hearing

Visual

Prefer not to say

Learning disability/difficulty

Other (please state)



### What is your age?

- Under 16       16 - 25       26 - 35
- 36 - 45       46-55       56 - 65
- 66 - 75       76 - 85       86 +
- Prefer not to say



### What is your sexual orientation?

- Bisexual (both sexes)       Heterosexual/straight (opposite sex)
- Gay man (same sex)       Lesbian/gay woman (same sex)
- Prefer not to say       Other (please state)



### Do you consider yourself to belong to any religion?

- Buddhism       Christianity       Hinduism
- Islam       Judaism       Sikhism
- No religion       Prefer not to say

Other (please state)



## What is your ethnic background?

### Asian, or Asian British

- Chinese       Indian  
 Pakistani       Other

### Black, or Black British

- African       Caribbean  
 Other

### Mixed/multiple ethnic groups

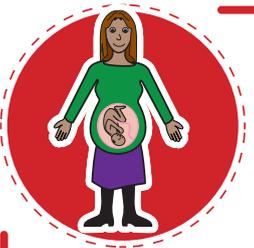
- Asian & White       Black African & White  
 Black Caribbean & White       Other

### White

- British       Gypsy/Traveller  
 Irish       Other

### Other

- Arab       Other       Prefer not to say



## Pregnancy and Maternity

- I am pregnant       I have given birth within the last 26 weeks  
 Not applicable       Prefer not to say